



June 2019

Newsletter

Newsletter Editor Dr Heather Rowe
Logo based on painting by Omar Biscotti

WELCOME FROM THE PRESIDENT

Dear ISPOG members, dear colleagues and friends,



Our ISPOG 2019 congress in The Hague is approaching. Don't miss the opportunity to get an update of the state of the art in all fields of psychosomatics in obstetrics and gynecology!

The Dutch colleagues have taken over the commendable and challenging task to organize this meeting at very

short notice. They are working hard to make this congress happen and have created a diverse and interesting scientific program and a social program full of fun and interesting things to do.

Whether you are interested in obstetrics, gynecology, reproductive medicine or sexology, you will find a stream of sessions in your field of interest throughout the four days, but of course, you can also pick and choose your favorite topics in each of the four domains. Take a glance at the program at www.ISPOG2019.org. It promises to be of high quality from the scientific as well as from the social perspective.

"The whole is more than the sum of its parts" is the theme of our congress. The more of you who join us in The Hague, the more this will become true!

Find in this newsletter information, on how you can contribute via social media in spreading information about our congress. We start a campaign, which is intended to outlive the congress and to improve the worldwide visibility of ISPOG. If you or your society feel ready to take over an officer's post in the near future, please consider the corresponding calls in this newsletter.

Looking forward to meeting you all in The Hague and to sharing with you an unforgettable professional and personal experience

Sibil Tschudin
ISPOG President



ISPOG 2019 IN THE HAGUE

Seize the opportunity and submit your abstract! ISPOG abstract deadline extended until Friday 7th June 2019!

SOCIAL MEDIA FOR THE CONFERENCE AND BEYOND



In consultation with the Dutch Local Organising Committee, the ISPOG Board is embarking on a social media promotion strategy. Our 2019 conference seemed like an ideal opportunity to increase ISPOG's social media presence. As you know, ISPOG's members live in countries all over the world. We think it is therefore especially important to increase our members' engagement in the activities of their society, and for ISPOG to communicate with members about advances and opportunities in psychosomatic/psychosocial women's health across the globe.

ISPOG Past President Marieke Paarlberg (Netherlands) and Clare Willocks (UK) have generously been managing ISPOG social media in recent years. We extend our heartfelt thanks to them for their contributions. For this campaign, ISPOG has engaged the services of a social media and promotions consultant who will, as a first priority, promote the conference in The Hague in October. In the process we hope this will increase ISPOG's visibility among interested people, and encourage engagement by the broader multidisciplinary women's health community of clinicians, researchers, women and men. The goal is for ISPOG to reach remote parts of the world and new disciplines.

continued over

The social media strategy is designed to increase engagement with ISPOG and the conference: before, during and after the event. We encourage all members to use the **#ISPOG2019** hashtag on their social media platforms, (Twitter, Facebook, Instagram, LinkedIn, etc.) talking about your conference preparations and other POG activities.

How can you help? Follow our Twitter ([ISPOG.org](#)) and Facebook (https://www.facebook.com/ISPOG-International-Society-of-Psychosomatic-Obstetrics-and-Gynecology-1536595279980198/?ref=aymt_homepage_panel) accounts. And use #ISPOG2019 whenever you have anything to say on social media that is relevant to the goals of ISPOG.

Please spread the word and promote discussion among your networks and beyond.

CALL FOR ISPOG OFFICE BEARERS FOR 2019-2022

As you know, ISPOG officer positions are due for election at the 2019 General Assembly. We are therefore calling for nominations for President Elect, Secretary General and Treasurer (the current Treasurer Dr Vivian Pramataroff-Hamburger is eligible for re-election for a second term). We will also welcome nominations for 'Members at Large' to fill specific portfolios (social media and communications for example).

The ISPOG Standing Rules (belonging to the Statutes of the Society) specify that nominations must be received no fewer than 30 days prior to the General Assembly. This means that **the deadline to submit nominations is Tuesday 10 September 2019**.

[Please find the nomination form with instructions here](#)

Please note that nominees must have the written support of their national society. Nominees are also asked to submit a brief *curriculum vitae*, plus a statement that they accept the nomination, and a declaration of the skills, experience and other attributes that they will bring to the position.

SAVE THE DATES

PLEASE MAKE A NOTE OF THE ISPOG MEETINGS DURING THE 2019 CONGRESS

General Assembly

The meeting will be held from 1700 to 1830 on Thursday 10 October 2019 in Eindhoven 2 Meeting Room, NH Den Haag Hotel. All ISPOG members are welcome.

Executive Committee (ExCo)

There will be two meetings of members of ExCo:
Pre-Congress ExCo:

0900 to 1200 Wednesday 9 October 2019 in Utrecht Meeting Room, 2nd Floor, NH Den Haag Hotel

Post-Congress ExCo:

1400-1600 on Saturday 12 October 2019 in Utrecht Meeting Room, 2nd Floor, NH Den Haag Hotel

WHERE WILL ISPOG 2025 BE HELD?

Bids for our 2025 ISPOG congress are now open. Any country with a national society is eligible to host an ISPOG congress. National societies who consider hosting the congress in 2025 in their country are invited to submit a bid.

ISPOG 2025 bids should include a detailed plan including the tentative composition of an Organising Committee and the available organisation and logistical facilities.

The **due date for bids to be presented and discussed at the 2019 ISPOG congress is Tuesday 10 September 2019**. Please submit bids to Bianca Scarlett at admin@ispog.org.au

The **deadline for bids for ISPOG 2025 is four years prior, which will be the 2021 ExCo meeting**. Societies who consider submitting a bid, but whose bid will not be ready to be considered during the ISPOG 2019 Congress, please let us know. Bids will then be considered at the ExCo meeting in 2020 or 2021.

Please contact us if you have any questions about hosting ISPOG 2025.